



Trainingsplan Saison 2026/27

Montag				Dienstag				Mittwoch				Donnerstag				Freitag			
vorne		hinten		vorne		hinten		vorne		hinten		vorne		hinten		vorne		hinten	
				F3	G							F3	D4						
F1/E2	Frei	D2	Frei	16:15	16:15	D3	D4	E3	E1	E4/F2	F1/E2	16:15	16:15	C-Mä	D1	E3	E1	F2/E4	F1/E2
16:30		16:30		17:45	17:45	16:30	16:30	16:30	16:30	16:30	16:30	17:45	17:45	16:30	16:30	16:30	16:30	16:30	16:30
18:00		18:00		17:45	17:45	18:00	18:00	18:00	18:00	18:00	18:00	17:45	17:45	18:00	18:00	18:00	18:00	18:00	18:00
D1	C-Mä	B		C2		C1		B		A1		D2	D3	C1	C2	1. Man.		A1	
18:00	18:00	18:00		17:45		18:00		18:00		18:00		17:45	17:45	18:00	18:00	18:00		18:00	
19:30	19:30	19:30		19:15		19:30		19:30		19:30		19:15	19:15	19:30	19:30	19:30		19:30	
Damen		A1		1. Man.		A2		Damen		2. Man.		1. Man.		A2		Damen		2. Man.	
19:30		19:30		19:15		19:30		19:30		19:30		19:15		19:30		19:30		19:30	
21:00		21:00		20:45		21:00		21:00		21:00		20:45		21:00		21:00		21:00	
Soccer-Court				Soccer-Court				Soccer-Court				Soccer-Court				Soccer-Court			
Minis 2												Minis				G			
16:30		17:30										15:30		16:30		16:30		17:45	
																D3			
																17:45		19:15	